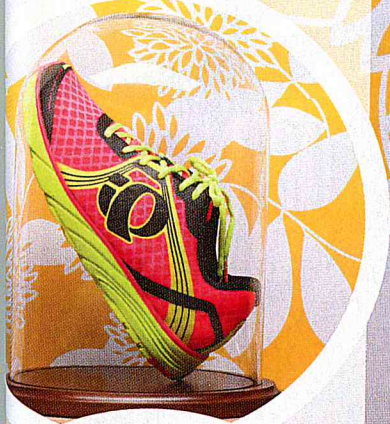


**STABILITY SHOES** are best for runners who overpronate—meaning their feet roll inward as they stride. Wearing these corrective models wards off potential injury.

**Pearl Izumi EM Road H3 RUNNER-UP**  
With welded seams, the EM Road H3 upper looks streamlined but feels comfy—and it has enough space in the toe box for wider feet to spread as needed. The firm sole boasts a sweet design for pleasantly energetic striding in a stability shoe. 9.9 oz.  
\$30, [pearlizumi.com](http://pearlizumi.com)

**Asics Gel Nimbus 15 RUNNER-UP**  
Gel strikers, rejoice! A fully cushioned and super stable ride, with a firm yet flexible sole makes this shoe a perfect fit for those who hit the ground heel-first. This much-loved model has been around for 15 iterations, but modern innovations lend this pair the pillowy benefits of a foam and gel sole at a lower weight. 10.9 oz.  
\$145, [asicsamerica.com](http://asicsamerica.com)



WOMEN'S  
Running  
★ 2013 ★  
**SOLE MATE  
AWARDS**  
.....  
*Best  
Stability*



**Saucony Guide 7  
WINNER!**  
Settle in for some long miles in the latest update of these buttery-soft cruisers. Lighter foam gives the cushion we love with less weight, while a decoupled sole (the former version was a one-piece) improves flexibility. A slightly wider forefoot makes for a stable ride, even if your legs grow weary. 9.5 oz.  
\$82, [saucony.com](http://saucony.com)